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### **ACE | Certified Personal Trainer | ACE Personal Trainer**

Great manual with a lot of useful information needed to become a CPT. I took my exam and passed! The ACE manual along with this study guide > ACE Certified Personal Trainer Exam Prep really helped me when preparing for the ACE exam. The study guide narrows down the information from the big textbook that is required for the exam & the practice questions are similar to the actual test.

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